



# Personal Development, Health and Physical Education

**Community and Family Studies**

**Personal Development, Health and Physical Education**

**Sport, Lifestyle and Recreation**

## HSC Assessment Schedule 2019



### COURSE: COMMUNITY AND FAMILY STUDIES

Task Number	1	2	3	4	
Task Date	Term 1 2019 Week 3	Term 1 2019 Week 6	Term 2 2019 Week 10	Term 3 2019 Weeks 3- 5	
Content Area	Core 1: Research Methodology	Core 2: Groups in Context	Core 3: Parenting and Caring Option: Individuals and Work	Core 1, Core 2, Core 3 and Option	
Task Type	Independent Research Project	Focus Questions	Situational Analysis	HSC Trial Examination	
Outcomes	H4.1, H4.2	H2.2, 2.3, 3.1 ,3.3, 4.2, 6.2	H1.1,2.1, 2.2, 2.3, 3.2, 3.3, 3.4, 5.1, 5.2, 6.1	H1.1,2.1,2.2,2.3,3.1 ,3.2,3.3,3.4,4.1,4.2, 5.1,5.2,6.1,6.2	
ASSESSMENT COMPONENTS					Syllabus Weighting
Knowledge and Understanding of how the following impact on wellbeing: <ul style="list-style-type: none"> <li>• resource management</li> <li>• positive relationships</li> <li>• range of societal factors</li> <li>• nature of groups, families and communities</li> </ul>		10	20	10	<b>40</b>
Skills in applying management processes to meet the needs of individuals, groups, families and communities <ul style="list-style-type: none"> <li>• planning to take responsible action to promote wellbeing</li> </ul>		10	5	10	<b>60</b>
Research and Critical Thinking Knowledge and understanding about research methodology and skills in researching, critical thinking, analysing and communicating	20		5	10	
<b>Task Weighting</b>	<b>20</b>	<b>20</b>	<b>30</b>	<b>30</b>	<b>100</b>

## HSC Assessment Schedule 2019



### COURSE: PERSONAL DEVELOPMENT, HEALTH AND PHYSICAL EDUCATION

Task Number	1	2	3	4	
Task Date	Term 4 2018 Week 7	Term 1 2019 Weeks 6	Term 2 2019 Week 8	Term 3 2019 Weeks 3 --5	
Content Area	Core 1	Core 1 Core 2	Core 2 Option 1 Option 2	Core 1 Core 2 Option 1 Option2	
Task Type	Health Promotion Project and Evaluation	Class Test	Training Program Project: and Evaluation	Trial HSC Examination	
Outcomes	H1-4, 14-16	H1-5, 7-9, 14-17	H 7-11, 16, 17	H 1-17	
ASSESSMENT COMPONENTS					Syllabus Weighting
Knowledge and Understanding of: 1. Factors that affect health 2. The way the body moves	5	10	5	20	40
Skills in: 1. Taking action to improve participation and performance in physical activity 2. Influencing personal and community health	5	5	15	5	30
Critical Thinking, research and analysis of factors that affect health	10	5	10	5	30
<b>Task Weighting</b>	<b>20</b>	<b>20</b>	<b>30</b>	<b>30</b>	<b>100</b>

## HSC Assessment Schedule 2019



### COURSE: SPORT, LIFESTYLE AND RECREATION – I UNIT

Task Number	1	2	3	
Task Date	Term 4 (2018) to Term 3 (2019)	Term 2 Week 2	Term 2 Week 3 to 10 Formalised Term 3 Weeks 1 to 2	
Content Area	Training for Fitness and Resistance Training Coaching Games and Sports Applications 1 and 2	Coaching Games and Sports Applications 1 and 2	Coaching Games and Sports Applications 1 and 2	
Task Type	Practical Performance throughout Terms 4 to 3	Research Plan and Philosophical Design	Coaching Delivery (Leadership)	
ASSESSMENT COMPONENTS				Syllabus Weighting
Skills	15		10	25
Knowledge and Critical Thinking	5	10	10	25
Outcomes	3.1, 4.4, 5.5	3.2,4.1	1.1, 1.3, 3.1, 4.2, 4.5	
<b>Task Weighting</b>	<b>20</b>	<b>10</b>	<b>20</b>	<b>50</b>