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6 February 2018

Dear Parent / Guardian,

As advertised in our 2018 calendar and promoted at the Year 7 Parent Evening, we are embarking on our Year 7 camp in a few short weeks. One of the major aspects of the Year 7 Pastoral Program each year is building teamwork and confidence amongst students. The camp is an exciting and integral part of the Year 7 Pastoral Care Program. It is essential and expected that all students are in attendance.

The camp will be held at The Great Aussie Bush Camp, Kincumber. Through a variety of fun and challenging activities we aim to build the confidence and initiative of students and help them get to know one another and their teachers in a very different setting from the classroom. Students will be placed in situations that will often be new and challenging. By working through these activities within their groups, we hope to develop an increased ability to work and co-operate with others, as well as have fun.

Year/Class: Year 7
Date: 7 March, 8 March and 9 March 2018
Venue: Great Aussie Bush Camp, Kincumber
Cost: *(No cost involved as this is covered under Excursion Fees Levy on school fees)*
Lunch: All meals provided
Clothes: See list of clothing/ equipment (attached)
Depart: 7 March 2018 at 8:30am sharp (Please arrive promptly at 8:00am to load bus)
Return: 3:30pm Friday 9 March 2018 *(Delays may occur, expected time of return may vary. SMS will be sent if return is not as indicated).*
Transport: Coach
Emergency contact number: The Great Aussie Bush Camp - (02) 4997 3044 / (M) 0400 244 161


The cost of the camp has already been included in the school fees. If there is any difficulty in your child attending you will need to contact the Principal in writing. We cannot remit the cost of the camp if they do not attend as it is booked over 6 months in advance. We would hope that no child misses this experience.

Medical information will be taken with us from the enrolment application, however, the Aussie Bush Camp company **requires their own information to be completed and returned.** Please make sure all medication is clearly labelled and signed in with Mrs Matthews when arriving for camp.

Thank you for your continued support, we are sure that the camp will be a positive and enjoyable experience.

Yours sincerely


Mrs Tania Cairns
Principal Leader


Mrs Julie Petrovski
Leader of Learning - Year 7

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PERMISSION SLIP - PLEASE RETURN TO SCHOOL

I give permission for my daughter/son: in Tutor Group:
(Name) *(Roll Call Group)*
to attend the Great Aussie Bush Camp - Kincumber on 7, 8 and 9 March 2018. I give permission for any emergency medical aid to be administered, if appropriate.

Signed:
(Parent/Guardian)

Date:



Medical and Consent Form - Child

Name of School: _____ School year: _____

Student Details:

Surname: _____ Given Names: _____

Address: _____

Postcode: _____ Date of Birth: ____/____/____ Male Female

Parent / Guardian Details:

Please Tick ✓: Mother / Guardian Father / Guardian Other Contact

Full name of Parent / Guardian: _____

Home Phone: _____ Work Phone: _____ Mobile Phone: _____

Medicare Number: _____ Expiry Date: ____/____/____

Student Name on Card: _____

Patient Number on card: _____

Ambulance Cover: Yes No

Private Health Fund Name: _____ Health Fund member number: _____

Is your child in good health? Yes No

Does your child require regular medication? Yes No

Does your child suffer from any Chronic Illness / Injury / Allergies?
If yes, please specify? Yes No

Parent / Guardian Signature _____ Date: ____/____/____



KINCUMBER

Current Medication / Dietary Requirements

School: _____ Student Name: _____

Time and Dosage - Please specify exact time of medication

| Medication Name | Breakfast | | Lunch | | Dinner | | Other | |
|-----------------|-----------|------|-------|------|--------|------|-------|------|
| | Time | Dose | Time | Dose | Time | Dose | Time | Dose |
| | | | | | | | | |
| | | | | | | | | |
| | | | | | | | | |

Regulations require that all medication must be provided in the original container / packaging
Teachers will collect & administer all medication.

| | | |
|--|-----|----|
| Has your child suffered from any Acute Illness in the past four months? If yes, details. | Yes | No |
|--|-----|----|

| | | |
|---|-----|----|
| Has your child been treated by a doctor in the past four weeks? If yes, please attach a medical certificate outlining treatment, and stating that the child is fit to attend camp. | Yes | No |
|---|-----|----|

| | | |
|---|-----|----|
| Has your child had any major surgery? If yes, please specify. | Yes | No |
|---|-----|----|

| | | |
|--|-----|----|
| Is your child's Immunisation up to date, including tetanus? If yes, what year was the last booster given? | Yes | No |
|--|-----|----|

| | | |
|------------------------------|-----|----|
| Does your child wet the bed? | Yes | No |
|------------------------------|-----|----|

| | | |
|-----------------------------|-----|----|
| Does your child sleep walk? | Yes | No |
|-----------------------------|-----|----|

| | | |
|--|-----|----|
| Do you give permission for Panadol to be administered if required? | Yes | No |
|--|-----|----|

| | | |
|--|-----|----|
| Does your Child have any Dietary Requirements? If YES please specify: | Yes | No |
|--|-----|----|

Water or Swimming Activities:

In relation to any proposed water or swimming activities, my child: Name: _____

(Please tick ✓ one:)

STRONG SWIMMER

AVERAGE SWIMMER

POOR SWIMMER

NON-SWIMMER



K I N C U M B E R

Activity List

Students will NOT be participating in all these activities, however, as per the Parent Guardian Consent / Activity Restriction sheet please list there any activities your child may not be able to participate in due to medical or personal reasons.

Activities:

- Abseiling** 12 metre abseil tower. An exhilarating activity. Generally Yr 7+
- Archery** Fun, carefully instructed, modern equipment to suit all ages. Yr 3+
- Bushcraft** Bush cooking experience including fire awareness and damper cooking. Yr 3+
- Canoeing** 3 person canoes. All students wear PFD's. Students canoe on the Dam. Yr 3+
- Fencing** Great fun and very structured. Protective equipment is worn. Generally Yr 5+
- Frisbee Golf** Students throw a frisbee through goals to score points. Fun and structured. All ages
- Giant Swing (3 person)** Very exhilarating 15 metre harnessed pendulum swing. Generally Yr 4+
- High Ropes** Harnessed aerial obstacle course with zip wire dismount. Generally Yr 4+
- Initiatives** Small group, practical problem solving and teamwork tasks. All ages
- Leap of Faith** 9 metre pole climb with a leap to catch a trapeze bar. Harness Activity. Generally Yr 7+
- Lost (Mud World)** Teamwork challenge, commando style obstacle course. Generally Yr 5+
- Orienteering** Navigation and compass use across different courses. Suit all ages
- Pioneering** Practical problem solving, students build a chariot and catapult in teams. Suits all ages
- Powerfan (double)** An adrenalin rush. Cable controlled base jump. Yr 5+
- Raft Building** Small group teamwork exercise. Students build and race a raft on the Broadwater. Yr 5+
- Rock Climbing** 15 metre climbing tower. Graded to suit varied abilities and ages
- Sports** Full sized sports field ideal for games, basketball, beach volleyball, tennis etc. All ages
- Survivor Challenge** Water based teamwork challenge. Generally Yr 7+
- Tree Climb** Harnessed activity where students climb a tree using rock holds. Suited to all ages
- Night Activities:** Commando spot lighting Movie Night Teamwork Challenge Night Talent Quest
 Trivia Quiz Games Nights County Fair Battle of the Sexes Disco Night.
- Optional Extras:** Australian Reptile Park **Additional cost involved.**

Syllabus Based Programs:

- Anti Bullying** Interactive sessions. All ages
- Crossroads** Relationships and Drug Education, interactive workshops, information workbook. Yrs 10 / 11
- Orientation / Peer Support** Team building activities, relative to in-school bullying programs. Yr 7
- Pass** Outdoor Exercise & Physical Movement. Event Management. Yr 9+
- Rock and Water** Innovative Anti Bullying Program. Yr 7+. Briefing / De-briefing sessions. All ages
- Study Skills** Suggested learning and study techniques. Yrs 10 / 11



K I N C U M B E R

Parent or Guardian Consent / Activity Restrictions

Name of School: _____ School Year: _____

All activities are instructed by highly trained team members, your child's teachers are also always present at activities and free time.

Please peruse the activity list included. Activities are planned with the age and ability of the students involved in mind. Time constraints may prevent students being able to do every activity listed, however if there are any activities that your child is not permitted to participate in, for medical or personal reasons, please inform your child and give details:

I agree to my child / children _____ participating in all the activities at The Great Aussie Bush Camp.

I understand that although The Great Aussie Bush Camp and its service providers attempt to minimise any risk of personal injury to my child, there is an inherent risk of personal injury in the physical activities that will be undertaken as part of this program.

In understanding the above I agree to release The Great Aussie Bush Camp and its employees, agents and contractors from and against all claims, demands, suits, losses and liability whatsoever for any accident, injury, damage or loss occasioned during the child's participation in the program and their time at camp unless such claim has arisen as a direct result of some negligent act or omission or misconduct on the part of The Great Aussie Bush Camp or its employees, agents or contractors.

In the event of an emergency, and I am unable to be contacted, I authorise for my child to receive any medical treatment that is deemed necessary. I also undertake to cover any costs that may be incurred with any medical treatment received, ambulance transport and medication while my child is at The Great Aussie Bush Camp.

Full Name of Parent / Guardian: _____ Date: ____ / ____ / ____

Signature: _____

Media Consent

(Cross out whichever does not apply)

I agree / I do not agree to allow The Great Aussie Bush Camp to use any photographs, sound and / or film recordings taken of my child while they are at camp, for the promotion of this facility in the media and advertising programs.

Full Name of Parent / Guardian: _____ Date: ____ / ____ / ____

Signature: _____



T E A N G U I D E R S

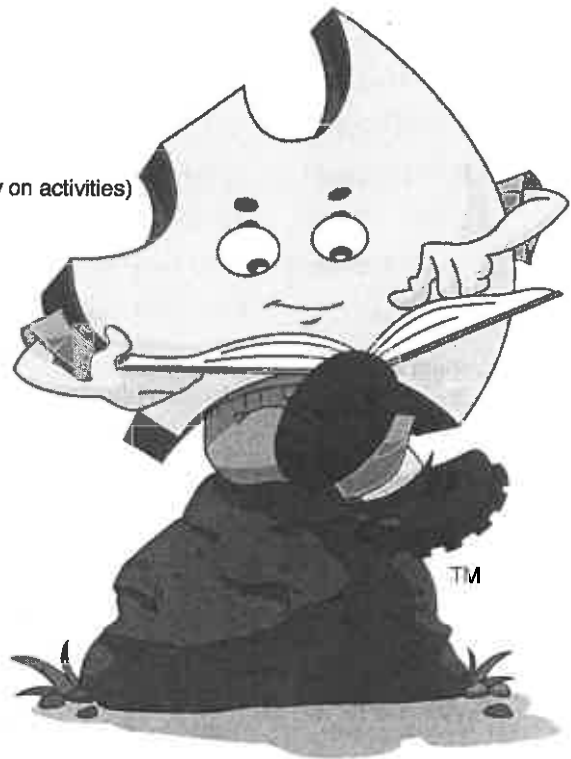
Gear Checklist - Children (Based on a 3 day camp)

PLEASE CLEARLY NAME ALL ITEMS

MEDICATION NEEDS TO BE GIVEN TO THE ORGANISING TEACHER

It is a good idea for students to pack their own bags so that they can re pack for the trip home.

- Water bottle
- Cup (used for morning/afternoon tea and supper)
- Raincoat (regardless of forecast)
- Hat or cap
- Sleeping bag (extra blanket in winter)
- Pillow
- Sunscreen
- 1 pair pyjamas (tracksuit in winter)
- Day pack (small backpack for water, sunscreen, etc)
- Torch (make sure it works before you leave home)
- Toiletries (including toothbrush!)
- Insect repellent
- 2 pairs of runners (1 old pair for water activities).
- Thongs - only for going to and from showers.
- 3 T-shirts needed, no singlet / tank tops / midriff tops (for safety on activities)
- 3 sets of underwear
- 3 pairs of shorts - NO MINI SHORTS (for safety on activities)
- 3 pairs of track pants
- 2 sloppy joes / windcheaters
- 3 pair socks
- Bath towel
- Beach Towel & swimmers
- Tissues / hankies
- Plastic bags for wet clothes / towels
- Optional - camera, money for souvenirs.



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